



Action for Health in the Americas

Improving health and giving hope in Chile and the Americas

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*Affiliation for identification purposes only.

Dear {John & Cindy},

Excitement about EPES continues to grow as we help change lives and improve health in the shantytowns of Chile. Now, Action for Health in the Americas (AHA), founded in October 2005, is helping EPES expand its work — thanks to generous churches, friends and supporters, like you, who share our commitment to initiatives that promote justice, health and dignity among poor communities.

Our successes are many, and the stories are amazing. Consider Marisa, a young mother of two. In 2000, she was among a group of health promoters we trained in Hualpen, a shantytown community in Concepción. After a year, Marisa was elected by the health team to serve as a coordinator. Her leadership skills were apparent as the team worked on prevention of high blood pressure, HIV/AIDS and environmental education projects. Her training helped open another door and she became a student at the University of Los Lagos. Last year, she completed her degree and is now a school teacher near the same shantytown where she was trained to be a health promoter.

Like Marisa, there are hundreds of EPES trained shantytown health promoters working to improve their neighbors' lives. But still, there are thousands more men, women and children waiting for the opportunity to, as Marisa says, 'be something in life.' I invite you to join AHA and EPES as we expand our services to those in desperate need and to those whose spirit and intellect will help them make a difference in their own communities.

For every \$2.40 you give, we can help one person — help her family, improve her own health or better her community. For every \$240, we can help 100 people — an amazing impact. Also, remember that your kind contributions are tax deductible.

During this joyous holiday season, please give generously. For more information about the work of EPES and AHA, please visit www.epes.cl or email me at actionforhealth@gmail.com.

Thank you on behalf of our friends and co-workers who work and serve in the shantytowns of Chile.

Warm regards,

Karen Anderson
Founder and CEO



promoting health, hope & healing



Melania, health promoter in Santiago.

"The success I witnessed at EPES illustrates that dialogue which respects and listens to all voices has the possibility of inspiring great and lasting social improvements. The community health promoters often told me that, before EPES, they felt worthless, but when they began participating in the events at EPES it 'gave them a reason to get up in the morning.' The women who worked with EPES were some of the most inspiring and inspired people I have ever met."

Meghan Whitney Chapman,
EPES Intern, Marlboro College, Vermont



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John & Cindy Jones
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Owatonna, MN 55060

yes! I want to help expand the work of EPES through Action for Health in the Americas (AHA). Enclosed is a donation of:

\$35 \$50 \$100 \$200
 \$240 \$500 other: _____

thank you for your support!

AHA's tax-exempt status is pending. For tax-deductible donations, please make check payable to Prince of Peace with AHA/EPES in memo portion. Detach and return this donation card with your check in the enclosed envelope, making sure the address shows through the window of the envelope.

Action for Health in the Americas
Prince of Peace Lutheran Church
4 Northcrest Drive
Clifton Park, NY 12065-2744

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Tax-deductible donation.

making a difference in peoples' lives

- In 2005, EPES programs **reached over 150,000 individuals** through direct action and outreach with a budget of \$360,547 — an average cost of \$2.40 per person.
- After five years of petitioning authorities, EPES health promoters finally got a **mammography machine for Hospital El Pino**. Beginning in December 2006, women in El Bosque and San Bernardo will be able to receive mammograms in their own communities.
- The "Citizenship and Health School" has provided workshops for over **100 women-owned micro-businesses** and has reached over 1000 women in outreach activities.
- EPES has published a training manual for community leaders for the **Chilean Ministry of Health's Sexuality Training Program** that will be used by all 28 government health services throughout Chile.
- Ninety-one young people participated in EPES **training on HIV/AIDS** and later replicated the workshop to reach another hundred youth.

- EPES **Fund for Women's Health** provided training and technical assistance to 56 community-based organizations in the Chilean cities of Santiago and Concepción.
- In the past two years, over 4500 people have used the educational resources and received support from the resource director of EPES' **Educational Resource Center for Action**.
- EPES continues to produce and distribute the Spanish language version of the World Council of Churches health magazine CONTACT to over 1000 organizations; EPES staff worked with the Pan American Health Association (PAHO) to develop a set of indicators, questions and definitions related to **gender-based violence** in Chile and other countries in the region.
- The new EPES **Gaston Toledo Educational Health Center** in Concepcion has provided training and meeting space for hundreds of local residents and organizations.



Health promoter, Sonia, works on a mural about early screening for breast cancer.



EPES

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Sheila Dauer of Amnesty International, USA, applauds EPES' accomplishments and importance. "The achievements of EPES are very impressive. EPES takes leadership development and empowerment seriously. Many of its graduates are community leaders and have gone on to achieve higher education as well as policy advisory positions in Chile."

John & Cindy Jones, you can make a difference!

You can help expand the work of EPES through Action for Health in the Americas (AHA). Your generous donation can help improve lives and promote health, hope and healing in the shantytowns of Chile.



New health promoters play an EPES boardgame to discuss community needs assessment.



Health promoters gather signatures and support for a breast cancer campaign.



Health teams paint a mural to celebrate getting a mammography machine in their community.

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make a difference

4 Victoria Drive
Guilderland, NY 12084



Action for Health in the Americas

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The beads of Monica's necklace illustrate the sizes of breast lumps to help promote early breast cancer detection.

*Proceeds equal the total amount of the purchase minus shipping and handling fees, any sales tax, and discounts. On selected titles, EPES/AHA receives 70% of the net. Net equals the total amount of the purchase minus cost of goods, shipping and handling fees, any sales tax, and discounts.

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